

GRAND MASTERS DRAGON BOAT CLUB
Board Meeting
June 10, 2019

- ❖ Attendance sheet attached.
- ❖ Agenda attached.
- ❖ Meeting called to order at 1:00 pm by President Lee Cerovac.
- ❖ Lee introduced Lt. John Longacre with Villages Public Safety Department. He spoke about AEDs and their possible use for GMDBC. He reviewed options as to brands of AEDs, and handouts with specs are attached. He answered questions as to cost, training, storage and replacement costs, and liability.
- ❖ Rae Ann provided her Treasurer's report, which is attached. She presented the annual audit report from Rod Tompkins which showed all records were in order. She also reported our new SunBiz filing, which has become much easier since she learned we could file in June, after elections. This report must be filed before September. The only big expense left is TeamSnap, which will be about \$1300.
- ❖ John presented election results.
- ❖ Kathy reported on the idea of using Fred's Color Guard to lead the Pledge at future club meetings. Cost is a \$50 per month donation. Cheryl has said she will not hold monthly club meetings. Motion by Bob Kane, second by Terry to move forward. Passed 11-0.
- ❖ Sandra talked about TeamSnap, annual cost of \$1300 per year, including hosting the we site. There are many other options, some cheaper. We also use it for voting and annual online registration and waivers. Team Stuff is cheaper but does not provide as many options. Discussion followed about features used and cost. Suggestion to hold training for team captains was approved. Motion by Per, second by Karen to pay TeamSnap was approved unanimously.
- ❖ Lee reports Fred talked with John Rohan who has agreed to build a retaining wall at Sumter across from the hotel. GMDBC May be asked to contribute to the cost. Villages are also looking to improve areas where boats are stored and launched.
- ❖ Bob Kane and Ann Simonsen talked about Sparta 70. Their ideas and concerns are attached. Bob spoke at length about his vision, which

includes allowing non-villagers to join the team and practice at Lake Miona. Discussion followed about insurance, club bylaws.

- ❖ Kathy brought up club safety forms, which are due next month. She also said Cheryl believes these forms need to be completed quarterly, as opposed to semiannually.
- ❖ Sandra asked for boats at Miona be kept closer to the dock so her team can access the water.
- ❖ Kathy presented Lee and John with small thank you gifts for their service to the board.
- ❖ The club membership meeting on Tuesday will be a picnic at the Seabreeze picnic shelter, with the club providing hotdogs. There will not be a business meeting.
- ❖ Meeting adjourned at 2:25 pm,

GMDBC Treasurer's Report
June 11, 2019

Beginning Balance		
April 30, 2019		\$15,651.30
Total Income		
Fair Share Contribution		\$2,241.00
Membership		\$2,050.00
50/50 Raffle		\$140.00
		\$51.00
Total Expenses		\$10,578.73
Boat Main. and Storage		\$226.41
Club Administration (stamps)		\$11.00
Fair Share Refund		\$8,471.32
Insurance (Boat)		\$1,870.00
Ending Balance 5/31/19		\$7,313.57

**GMDBC Board Meeting
June 10th Agenda – 1:00 pm**

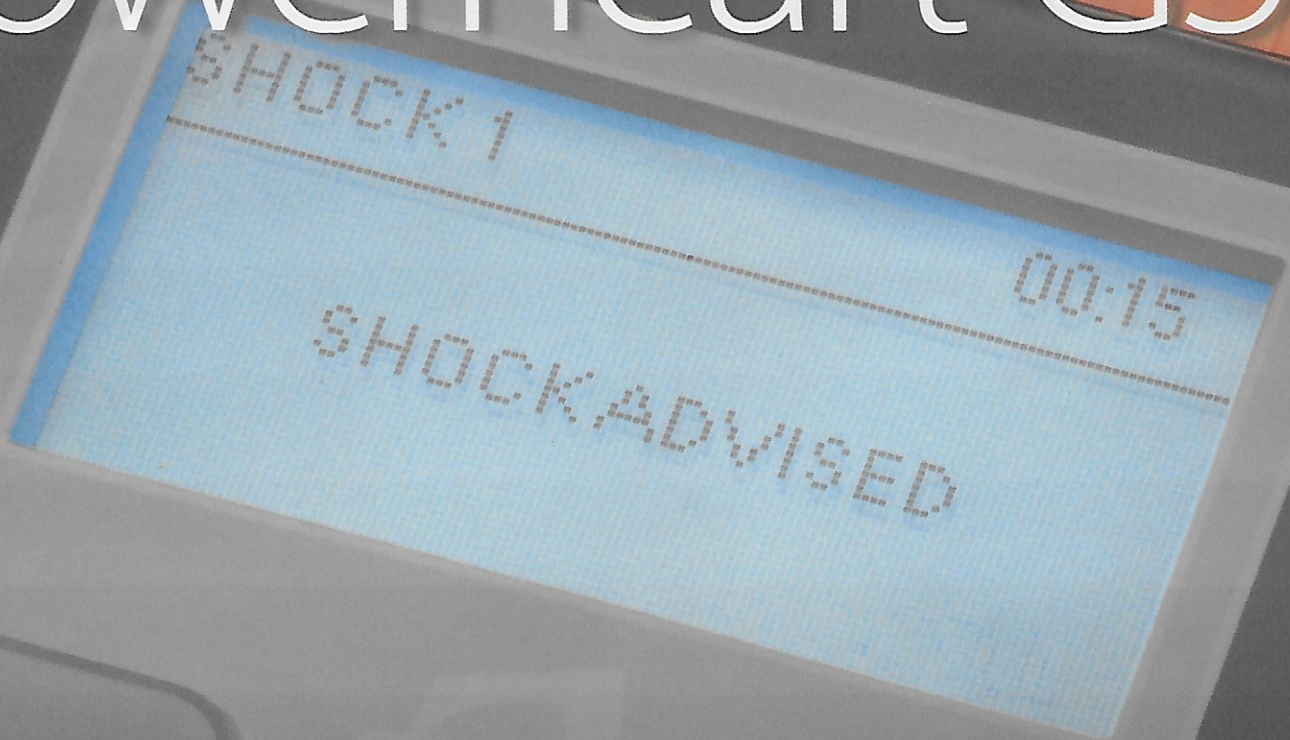
- Opening - Lee Cerovac
- Treasurer's report – RaeAnn Bethel
- Secretary's report – John Townley
- Lt John Longacre – Info on AEDs at the Lake Sumter & Lake Miona
- Fred Frederikson and his Color Guard to start every club meeting carrying the flag and leading the Pledge of Allegiance?
 - Donation? (Typically, \$50, per Fred)
 - Need 30-day advanced notice
- TeamSnap – Sandra Skopaz
- Changes at Lake Sumter docks
- Sparta 70 announcement – Bob Kane & Anne Simonsen
- Safety Forms; quarterly signature vs semiannual signatures

GMSBE Board Meeting 6/10/19

John Tawley	Secretary
James Ness	SILVER DRAGONS
Anne Simonsen	Sparta 70
Bob Kane	Sparta 70
Madeline Pettel	treasurer
John Longene	UPSD
Alicia Thomas	TBR
SANDRA STOPAZ	DRAGON SISTERS.
Per Olesen	Dirty Dozen
Edly Olesen	dirty Dozen
Dottie Baker	Sparta 70/Warriors
Terry ELSMORE	PHOENIX PATRIOTS
Rick Schum	WARRIORS
Lee Crowder	TBR
Patsy Hedrick	Village Dragons.

Power to Believe. Power to Act.

Powerheart[®] G5.



AUTOMATIC

The Powerheart® G5

Empowering Rescuers at Every Level to Save Lives

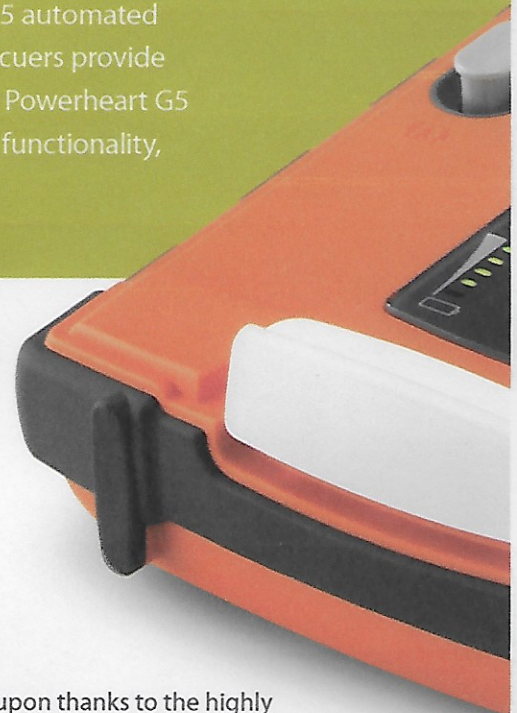
Whether you are an experienced rescuer or a first-time responder, the Powerheart G5 automated external defibrillator (AED) provides a powerful combination of features that help rescuers provide sudden cardiac arrest (SCA) victims with swift, effective, and life-saving therapy. The Powerheart G5 is the first FDA-cleared AED to combine fully automatic shock delivery, dual-language functionality, variable escalating energy, and fast shock times to help save an SCA victim's life.

Easy without compromise

Perform each step of the rescue with user-paced instruction from RescueCoach™ voice and text prompts. Pads can be placed on either side of a victim's chest, and the Powerheart G5 only provides an automatic shock when it is required. After the rescue, extract event data immediately from a USB port.

Reliable and rugged

Know your Powerheart G5 will be ready when called upon thanks to the highly visible Rescue Ready® indicator that communicates rescue status and confirms that the internal circuitry, medical-grade battery, and rescue pads have passed daily, weekly, and monthly self-tests. In fact, a collective 4,100 hours of Rescue Ready self-tests around the world are performed each day. The durable G5 has been tested to military standards and features an IP55 rating for protection against dust and water.





Effective CPR made easy

Optional Intellisense™ CPR Feedback monitors the quality of both chest compression depth and rate. If either compression rate or depth is outside of the 2015 American Heart Association acceptable parameters, the rescuer will receive a short corrective prompt to ensure effectiveness. Simple place-and-press design ensures effective CPR.

Peace of mind

Rest easy as the Powerheart G5 is built to last with an 8-year warranty, a strong indemnification policy, and a 4-year full operational performance guarantee on Intellisense® medical grade non-rechargeable batteries. Feel confident knowing your AED provider has pioneered AED technology for over 20 years and helped deployed a half-million Powerheart AEDs around the world.

Incredibly smart

Feel confident when performing the rescue as the G5 customizes the shock to deliver the appropriate energy needed for each patient. Defibrillation energy automatically escalates if additional shocks are needed with a fast shock time of 10 seconds or less. If more than one shock is required, the AED does not repeat the same effort. Rather, it increases the energy input to an appropriate higher level.

Fluent in two languages

Touch a button to change the voice prompts to one of the chosen languages without restarting or delaying the rescue.

Powerheart® G5 AED

TECHNICAL SPECIFICATIONS

DEFIBRILLATOR	
Operations	Fully automatic and semi-automatic versions
Waveform	STAR® biphasic truncated exponential
Therapy range (J)	95J to 354J (adult)
Fast shock feature	Able to deliver a shock after the end of a CPR cycle in 10 seconds or less
Voice prompts	RescueCoach™ prompts provide user-paced instruction. Optional Intellisense™ CPR Feedback provides corrective voice prompts for both rate and depth.
Text screen	Displays rescue prompts and critical rescue information. Optional Intellisense CPR Feedback provides corrective text prompts for both rate and depth.
Audible alerts	Voice prompt, system alert
Synchronized shock	Built-in automatic synchronization feature
Pacemaker pulse detection	Yes
Pediatric capability	Therapy range (VE) 22J to 82J, pediatric prompts
Dual language	Latin American Spanish or French Canadian (optional)*
Customizable	Voice prompt, CPR protocol, optional CPR Feedback device settings, and shock protocols via AED Manager
CPR	Metronome for CPR compression rate
Visible indicators	Rescue Ready® indicator, battery, service, and pad status
Warranty	8 years
PHYSICAL / ENVIRONMENTAL	
Dimensions (H x W x D)	3.4 in x 9.0 in x 11.8 in (9 cm x 23 cm x 30 cm)
Weight	5.7 lbs (2.6 kg), including battery and pads
Dust/water resistance	IP55 (IEC 60529)
Operating temperature	32 °F to +122 °F (0 °C to 50 °C)
Altitude	-1,253 ft (-382 m) to 15,073 ft (4,594 m)
Drop	MIL-STD-810G, 516.6 (Procedure IV) for 1.22 m drop
Shocks	MIL-STD-810G, 516.6 (Procedure 1)
Vibration (sine and random)	MIL-STD-810G, 514.6 (Procedure 1, Cat 24)
EMI (radiated/immunity)	IEC 60601-2-4
PADS	
Intellisense CPR Feedback	Intellisense™ Defibrillation Pads Disposable, non-polarized pads with CPR feedback sensor
Standard Defibrillation Pads	Disposable, non-polarized (pads can be placed in either position)
Shelf life	2 years
BATTERY	
Guarantee	Intellisense® Lithium Battery 4-year, full operational replacement
Capacity	420 shocks (typical) at 300VE
AUTOMATIC SELF-TESTS	
Daily, weekly, and monthly	Electrical circuitry, AED software, medical grade battery, and defibrillation pads (presence and function)
Weekly	Includes partial energy charge
Monthly	Includes full energy charge cycle
EVENT DOCUMENTATION	
Internal memory	90 minutes of rescue data, multiple rescue functionality
ECG, CPR compression and rescue review	Viewable via AED Manager reporting and configuration software
Communications	USB cable or USB memory stick

*Check for availability in your area.

At the Heart of Saving Lives®

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0086 MKT-04786-01rD



Bellavista Circle AED group

DATE 06/13/19

Bellavista Circle AED group

DATE 06/13/19

QUANTITY	ITEMS NEEDED FOR PROGRAM	UNIT PRICE	TOTAL FOR EACH ITEM
1	Cardiac Science G5 AED, Waterproof box	1451.00	1451.00
1	Aluminum Box to hold AED	182.00	182.00
2	Battery replacement	221.00	442.00
10	Replacement Pads every 2 yrs	49.00	490.00
		4 year Cost of program	2565.00
			2565.00

QUANTITY	ITEMS NEEDED FOR PROGRAM	UNIT PRICE	TOTAL FOR EACH ITEM
1	zoll	1374.00	1374.00
1	Aluminum Box to hold AED	182.00	182.00
2	Battery replacement	40.00	80.00
2	Replacement Pads every 5 years	152.10	304.20
		4 year Cost of program	1940.20
			1940.20

Three years ago, Bob Kane, a member of the Grand Masters Dragon Boat Club (GMDBC) and the Coach of The Leatherneck Warriors (aka The Warriors) created Sparta 70. It had become clear that more and more members of the GMDBC teams were in their 70s and 80s – and there was not a Division in Dragon Boat racing that addressed this age group. Once a person reached 60 years of age, he or she could not progress to an older age group – Division C was it. (This is unlike United States Masters Swimming, Masters Runners and USA Triathletes – where “aging up” is a tradition that is celebrated, and as one ages she or he does not have to compete against participants who are 20 or even 30 years younger than they).

Currently, Sparta 70 has approximately 30 members who also belong to other GMDBC teams and live in The Villages. According to Sparta 70 Coach Kane, there are 10 women and 17 men (plus 3 interested people who are not Villages residents) who are active team members. The team has been searching for a venue where it can compete with like-minded and like-aged groups. This has recently become a real possibility. Sparta 70 Coach Bob Kane has been in contact with the Captain of a team that is based in Vancouver, Canada. And there appear to be at least two more groups in Canada and possibly one or two in Australia – and most likely some 70+ dragon boat teams in other countries. The IDBF (International Dragon Boat Federation) is aware of this movement. [There was an article in the Dragon Sports News (DSN) this past April (2019) that addressed this].

The issues for the GMDBC at this time are: 1) Does the GMDBC want to be at the forefront of this movement – one that creates and develops equal opportunities for those dragon boaters who are older than 70 years of age and 2) How can the GMDBC develop Sparta 70 so it becomes a viable and competitive team that is ready to participate in international competitions by 2021? For Sparta 70 to be in a competitive position by 2021 the team needs to practice as a team with members from The Villages, but also team members who hail from other dragon boat teams who are at least 68 years old at this time (and will be 70 by 2021). That requires a relatively large pool from which to draw and paddlers who have the skills, physical and mental endurance, and commitment to participate at an international/world-class level.

How can the GMDBC support this concept? The following questions come to mind: 1) Is it possible for the GMDBC to make an exception to the By-laws where team members on Sparta 70 (paddlers, steerers and drummers) do not have to be residents of The Villages and can still be members of what can be called the “Sparta 70 Racing Team”. Is there a way that the GMDBC can sponsor this kind of racing team that draws members from outside of The Villages and also remain a team under the auspices of the GMDBC?

What are some possible solutions? 1) Use a percentage system where the majority (80%) of Sparta 70 members have to be residents of The Villages. 2) Practice at Lake Miona and have those team members who do not reside in The Villages practice with the Sparta 70 GMDBC every two weeks or one time a month. 3) Work with other dragon boat teams in the area – Natures Coast and Solivita and others – and practice at their venues. 4) This probably should be the first item if the GMDBC is interested in going in this direction – discuss this with John Rohan – but have some hard facts and statistics to take to this meeting.

We are requesting that the GMDBC give this proposal consideration as soon as possible – preferably at the June 10, 2019 Board meeting. Obviously Bob Kane and other representatives from the Sparta 70 team need to be present (Sparta 70 Captain Dottie Baker and Sparta 70 team member Anne Simonsen).

Thank you for your consideration of this request.